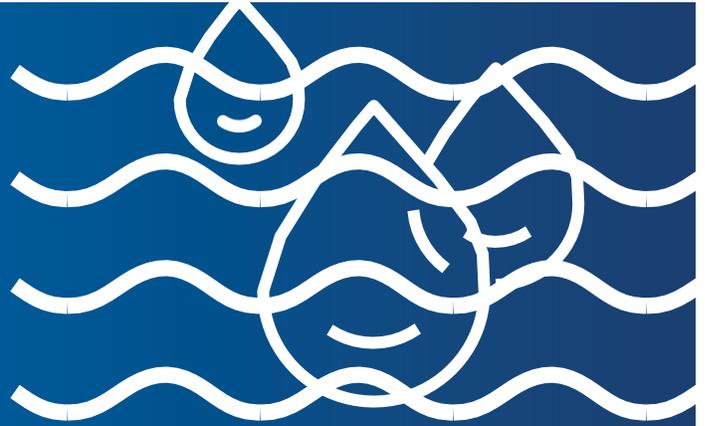


Learn more at: [ADA.org/fluoride](https://ada.org/fluoride)

# All About Fluoridation



## Why fluoridate tap water?

- ✓ Continues to reduce cavities by about 25% in adults and children.
- ✓ Decreases missed school and work-days to dental-related pain.
- ✓ Cost-saving public health practice.
- ✓ Reduces cavities in addition to other fluoride products such as toothpaste, rinses, and varnish.

*Water fluoridation is regarded as one of [10 great public health achievements of the 20th century by the CDC.](#)*

## Where can I learn more?



ADA's [Fluoridation Facts](#) with pages of Q&A format responses to common questions.



[MouthHealthy.org](#) has resources written by dentists for parents.



[Recent JADA articles](#) related to fluoride.



[Fluoridation FAQs](#)



[American Fluoridation Society](#) resources, information, and articles

## Why should dentists advocate for community water fluoridation?

- 1 To improve the oral health of the community
- 2 To promote the best science and evidence related to reducing cavities.
- 3 To educate patients and staff on the value of this disease prevention measure
- 4 To positively impact the oral health of the public in an equitable manner

## When can I use this information?



**LEARN**



**SHARE**



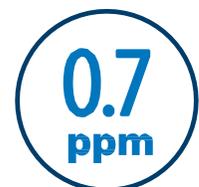
**ADVOCATE**

*Our ADA Databases include the latest science, networks, and articles to help you learn about community water fluoridation to better share and defend this practice.*

## How can I check if my water is fluoridated?

This locally governed health equitable practice is used within supervised community water systems. Learn about your community at [My Water's Fluoride](#).

OPTIMAL:



Action for  
**DENTALHEALTH**➔

ADA American Dental Association®

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